



Commissioning Alliance  
(North Place)  
Crawley CCG  
East Surrey CCG  
Horsham and Mid Sussex CCG

## Patient Roundup

20<sup>th</sup> April 2018- 4<sup>th</sup> May 2018

### Crawley CCG and Horsham and Mid Sussex CCG

Welcome to the new format for the Patient roundup for 2018. We are now part of the Central Sussex Commissioning Alliance, a new joint way of working across the four CCGs (Clinical Commissioning Group) of central Sussex – Brighton and Hove, Crawley, High Weald Lewes Havens and Horsham and Mid Sussex – that will allow the organisations to work closer together to commission services more efficiently and effectively for our local populations.

**Join us in our 'Big Health and Care Conversations' .(2) Hold the Date/s.** Crawley CCG and Horsham and Mid Sussex CCG are in partnership with health and social care organisations working together to help improve local health and social care for the population of Burgess Hill, Crawley, East Grinstead, Haywards Heath and Horsham. The 'Big Health and Care Conversation' gives you the chance to meet our commissioners and clinical leaders to discuss our priorities for health and care in the area. In addition, there will be an opportunity to hear about and discuss the regional Sustainability and Transformation Partnership and the unprecedented financial challenges facing the health and social care system. For more information about the events, booking via Eventbrite, or how to feedback; please see the relevant web page : [Horsham and Mid Sussex Big conversation](#) and [Crawley Big conversation](#)

- Crawley, Charis Centre, 14th June
- Horsham, County Hall North in Horsham, 26th July
- Haywards Heath Clair Hall Haywards heath, 2nd August

**CCG Podcasts (2):** Dr Laura Hill, local GP and Clinical Chair at NHS Crawley CCG, records a podcast every month for you to find out how to get the right care, at the right time in the right place, for you, your family and friends. To listen to the free podcast visit the Crawley CCG website, click on 'Your health' then 'Health podcasts'. Once you've found a topic of interest to you, click on the heading and, once the page has loaded, just click 'play'. Or just tap on this [link](#) Crawley CCG

**Lay Member for Patient and Public Participation (2) – NHS JOBS Job Reference: 753-CCG-3978HB.** Are you interested in the local NHS and want to help shape the future of health care in our communities? Crawley Clinical Commissioning Group (CCG) is looking for an experienced and enthusiastic Lay Member to join the Governing Body leading on Patient and Public Engagement, and to Chair the Commissioning Patient Reference Group. The successful candidate will help ensure the CCG builds and maintains an effective relationship with local stakeholders and draws on existing patient and public involvement and expertise. As a lay member, you will be asked to fulfil the role of Vice Chair of the Governing Body. The time commitment is five days per month and remuneration is £12,262 per year. Some time commitment may be required in the evenings. The role is for a three-year term of office. For more information or to apply [Click here](#)

**Crawley CCG and Horsham CCG AGM. Hold the Date 24<sup>th</sup> July 6pm to 7pm (2)** NHS Crawley and NHS Horsham and Mid Sussex Clinical Commissioning Groups will hold their AGMs together after the Governing Body. The AGM is an opportunity to look back on some of the successes and highlights of the past year and to discuss future plans for the NHS in Crawley, Horsham and Mid



Sussex. All are welcome. This year's AGM will be a smaller event than in previous years, taking around an hour, with tea and coffee refreshments. **Venue: Clair Hall Haywards Heath RH16 3DN**

### NHS England:

- Local partnerships to improve health and care [LINK](#)
- Opportunity to become a Patient and Public Voice (PPV) Partner on the GP Patient Survey Steering Group. The [GP Patient Survey \(GPPS\)](#) is an England-wide annual postal survey which asks people about their experiences of local general practice services. It is sent to over two million patients.
- Diabetes Prevention Week. Nationally, diabetes and its complications cost over £6 billion every year to treat and one in six patients in hospital has diabetes. Around nine out of 10 people with diabetes have Type 2 diabetes which is closely linked to obesity and yet is largely preventable by making simple lifestyle changes around diet, activity levels and weight management. The [NHS Diabetes Prevention Programme \(NHS DPP\)](#) has launched Diabetes Prevention Week. NHS England has teamed up with Diabetes UK to raise awareness of their [Healthier You programme](#)

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- The NHS Youth Forum - apply to join
- New Peer Support Film from the NHS Youth Forum
- Register to become a stakeholder in one of NHS England's clinical reference groups
- Nursing Associate consultation – your views needed
- Launch: phase two of the Joint VCSE Review
- Dying Matters Week
- Will you join the 'what matters to you' conversation?

- **Common Outcomes Framework for social prescribing - We want your views! (2)**

NHS England has worked with stakeholders to co-produce a Framework for social prescribing and as a member of the growing social prescribing movement, we want your views! We are particularly interested in ensuring that the framework is fit for purpose for all services involved in social prescribing. Please submit your feedback on the draft attached to [england.socialprescribing@nhs.net](mailto:england.socialprescribing@nhs.net) by **16<sup>th</sup> May 2018**.



DRAFT Common  
Outcomes Framework

Feedback will be gathered, analyzed and factored into the finalized document

### Public Health England

**One you campaign (3)** – website informing about number of various health campaigns, tools that can be used when introducing positively influencing our health. For more information on “One You” please see [LINK](#)

## South East Coast Ambulance Service

The spring edition of 'Your Call'; the newsletter for South East Coast Ambulance Service members is now available to download as a pdf by clicking [HERE](#) or read online [LINK](#)

## West Sussex County Council

**What matters to you? (2)** Help shape West Sussex County Council's main priorities and how the future budget is set by taking our 'What Matters to You?' survey. Visit [www.westsussex.gov.uk/whatmatters2018](http://www.westsussex.gov.uk/whatmatters2018) for more information, and to have your voice heard.

## Horsham District Council

- Voluntary Sector Support [LINK](#)
- **Health and Wellbeing (2):** 2018 Older People's Directory of Services available now! Electronic newsletter [LINK](#)

## Crawley Community

- **Crawley CVS** Remember to visit Crawley CVS [NEWS](#) page and [FORUM](#) pages for number of information and don't forget if you want to share a news or event item or job vacancy you can do so direct through this [LINK](#).
- **Mental Health Forum** The next Crawley & Horsham Mental Health Forum will take place at on Wednesday 9<sup>th</sup> May from 10am – 12pm, at The Orchard, 1-2 Gleneagles Court, Crawley
- **The Healthy U drop in service (2)** The HEALTHY U drop in service is for young people between ages of 13 and 19. It provides health information, advice and guidance. School Nurses from the Crawley Healthy Child Programme team will be at the Crawley Find It Out Centre, Centenary House, Woodfield Road RH10 8GP every Monday during every school holiday between 12 and 4pm. Young people can either "drop in" and see them or make an appointment on 01293 843327. If a young person attends a private school or are home educated they are very welcome to visit the nurses...

## Horsham and Mid Sussex Community

- The next **Horsham District Older Peoples Forum** [LINK](#) meeting is Wednesday 30th May 2018 10.30am at the Billingshurst Community Centre. It is free to attend, non-political, voluntary group that acts as the 'ears' and gives a 'voice' for people aged 60 and over who reside in the Horsham District Council area or who cares for someone who is. It also exists for anyone to raise issues with the Forum that relate or effect local older people. The Forum works on projects and also acts as an information hub and consultative group for anyone seeking the views of older people in the district on particular plans, topics or schemes that may affect older people including Horsham District Council (HDC) and West Sussex County Council (WSCC). .
- Please read the latest **Police Fraud Squad news** to keep one step ahead and be aware of the latest fraud and scams. The bulletin can be [accessed here](#)
- **Crossroads Care South Central**;(2) Are you a family or friend caring for a younger person living with dementia? Do you want time out from your caring role? Then you may be interested in joining us for a Short Break taking place at Roffey Park (Horsham) from Saturday 12th May to Sunday 13th May 2018. For more information please visit Crossroads Care South Central Website: [www.crossroadscare-sc.org](http://www.crossroadscare-sc.org) tel: 01903 790270 Out of hours 01403 243924 Email: [admin@crossroadscare-sc.org](mailto:admin@crossroadscare-sc.org)

## Mid Sussex Voluntary Action

- April 25, 2018 Newsletter [LINK](#)

## Community Other

- **Practical & financial help for affordable warmth in West Sussex - April 2018**  
[Crawley BC Repair & Renovation Loans](#) - Interest free loans offered for fund certain essential works, including heating. Tel 01293 438000 For advice on support available in Crawley – contact Claire Stark 01293 438444  
[Mid Sussex DC Heat for Health Network](#) - for more info or support call 01444 477191 or email: [heat@midsussex.gov.uk](mailto:heat@midsussex.gov.uk)  
[Horsham DC Winter Wellness Network](#) provides information on the help available to residents – to join the network click here. For more info or support call 01403 215281 or email [sustainability@horsham.gov.uk](mailto:sustainability@horsham.gov.uk)



Financial and  
Practical help - April 2

- **Sussex Partnership NHS Foundation Trust. Pan-Sussex Children and Young People and Family Eating Disorder Service (2).** Beat's Developing Dolphins skills workshops will give you new skills, tools, advice, and practical strategies to care for someone with an eating disorder. [training@beateatingdisorders.org.uk](mailto:training@beateatingdisorders.org.uk) For further help, advice and support contact Beat: [www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk) Helpline: 0808 801 0677 More information about the Sussex Child, Young Person & Family Eating Disorder Service can be found online [www.sussexpartnership.nhs.uk/eatingdisorder](http://www.sussexpartnership.nhs.uk/eatingdisorder)
- **Manor Royal Careers Expo.** (2) Thursday 17 May 2018, 3.00pm - 8.00pm. Crowne Plaza Hotel in Crawley, free to attend. This one day event includes: Experts on hand to provide advice; Drop in sessions covering topics like finding the right role and interview skills; Information about job opportunities and apprenticeships for all ages; Manor Royal companies to answer your questions. For more info visit [www.manorroyal.org](http://www.manorroyal.org)