

newsletter.

Spring
2014

For the people of Horsham and Mid Sussex



Health and social care is facing a period of unprecedented change. As our population continues to grow and live longer, demand on health and social care services continues to rise.

More people are living with increasingly complex conditions and the cost of health care is going up. As a clinical commissioning group (ccg) - responsible for planning, buying and monitoring care and services for our local communities - we are at the heart of this change and we are committed to working in partnership with local people, patients, our neighbouring CCGs, local government, care

providers (including the voluntary sector) and NHS England to improve health and outcomes for all our communities.

Our vision is 'Working together to deliver the best possible healthcare for the communities of Horsham and Mid Sussex'...and we intend to live up to it.

As a group of experienced clinicians and a capable management team working together, we know what a difference to our patients' lives we can make, through re-designing and re-shaping services. Change is never easy however and there will be a need locally to have honest conversations and clear transparency about our intentions which will enable us all to move forward with confidence.

Sue Braysher
Chief Officer

Proactive Care teams gain national recognition

Teams leading an innovative way of providing patient-led integrated care received a Highly Commended award at the national NHS England Excellence in Participation Awards 2014.

The Proactive Care project won the accolade in the category 'Excellence in Individual Participation – Commissioner Award,' recognising commissioners who are demonstrating excellence in individual patient or service user participation.

Proactive Care is a new way of caring for people with complex

health and social care needs. The approach brings together a variety of NHS and social care professionals into joined-up teams to work alongside GPs and ensure that people get the right support at the right time and from the right care professional.

Lorna Hart, NHS Programme Director for Proactive Care in Crawley, Horsham and Mid Sussex, said: "This is fantastic recognition at national level for the work being carried out by our Proactive Care teams."

The teams work with the person receiving care and their carers

to discuss the best support for them, and provide information and help so they can manage their conditions at home.



Children and Maternity

NHS Horsham and Mid Sussex Clinical Commissioning Group, in partnership with NHS Crawley CCG, hosted the first stakeholder event of its kind dedicated to the development of children's and young people's services.

At the event at Clair Hall, Haywards Heath, on 6 March, health care and social care providers were joined by children's charities and volunteer groups including Mid Sussex Active, Haywards Heath health-based disabled children's charity Kangaroos, the Springboard Project, Dialogue Centre, Horsham Matters, Carers Support Service and Autism Sussex.

Representatives spoke about the successes and challenges faced to help inform and improve future service delivery for children, carers and families.

Guest speaker, Grainne Saunders, co-chair of West Sussex Parent Carer Forum, presented the story of a family affected by a son who has cerebral palsy.

Grainne said: "When a child needs support from a range of different services they may see a host of specialists, and despite them being well-intentioned, it is easy for one course of action to have an impact on another area of health. For example this could be the need for a particular diet as a result of medicines that induce a loss

of appetite, which may lead to more trips to the dentist if not carefully managed.

"The challenge for local health services is to provide tailored health care that accounts for the needs of the child and the person who is caring for them. Small details can make a big difference to individual care and the impact on health and support services."

Dr Richard Cook, Hurstpierpoint GP said: "It has been a really helpful and very positive workshop with lots of like-minded people who all have the best interests of children uppermost in their minds, whether they be members of the public or health and social care professionals.

"Early intervention is a common theme that came up a lot in discussion. How we share information, because everyone is different, and in particular how children access information is important because it is adapting all the time and we have to be responsive to it if we are going to reach young people."

The information gleaned at the event will be shared among stakeholders and will be used to shape policy on future children's services.



Working together to deliver the best possible healthcare for the communities

Our Governing body

Our Governing Body oversees the decisions that the CCG makes about local health services, ensuring our activities meet the best standards of quality for the local population.



Dr Minesh Patel
Clinical Leader
and Chair



Sue Braysher
Chief Officer -
joint post with
Crawley CCG as
Chief Operating
Officer



Barry Young
Chief Finance
Officer - Joint post
with Crawley CCG



Dr Simon Dean
Chair - Horsham
Locality



Dr Dr Ian Holwell
Chair - Mid Sussex
locality Locality



Dr Karen Eastman
Clinical Director



Dr Mark Lythgoe
Clinical Director



Mike Baxter
Secondary Care
Clinician - Joint post
with Crawley CCG



Dr Nick Barrie
Clinical Director



Dr Riz Miarkows
Clinical Director



Adrian Brown
Lay Member - Audit



Simon Chandler
Lay Member -
Patient and Public
Engagement



Sally Thompson
Nurse- Joint Post
with Crawley CCG

Horsham and Mid Sussex Commissioning Patient Reference Group

One of the major challenges facing our CCG is the need to provide good quality services which are suitable for our ageing population. With increased demand, pressure on hospital bed space and a requirement to maximise the use of every pound spent, we have to make sure all our health services cater for all of our population's needs.

This is particularly relevant to those requiring long-term care. We are already introducing proactive multi-skilled teams (comprising of many different health and social care professionals) and supporting patients to take control of decisions about their care to tailor services to individuals. Through partnerships we are working towards a wider range of community and social services to assist individuals - such as those living with dementia - adapt and continue to live well at home.

One aspect of dealing with an ageing population is the need to address end of life care. Patients and families are often worried about how they will cope with such a difficult issue, which is why the CCG is working to encourage care planning in advance to make sure that patients' preferences are acted on when the time comes. At such a critical time of life, it is surely right that we focus on the dignity of the individual and the wishes they have made?



Join the network.



We know that participation from you - our local population - will help to increase the health of people in our communities, and pinpoint areas for improvement

You can get in touch with us through a variety of ways and all your comments and views are welcome.

You can also join our Health Network. Members receive regular updates and news from the CCG, hear about opportunities to work with us, be part of surveys and consultations and help to improve local health services. Membership is free.



To join the network, or simply to get in touch with us, you can email us at **HSCCG.Contactus-horshamandmidsussexccg@nhs.net** visit the Get Involved pages of our website at **horshamandmidsussexccg.nhs.uk**



Write to our postal address at:

**Engagement Team, Horsham and Mid Sussex CCG,
Lower Ground Floor, Crawley Hospital, West Green Drive,
Crawley RH11 7DH** or telephone us on **01293 600300** ext **4255**

Save the date

Our joint-AGM (held with our partner CCG, NHS Crawley) will be held on 24 July 2014, 5pm for 5.30pm start, at the Crowne Plaza, Crawley.

Join the conversation

You can even join the conversation and share your thoughts and experiences of local care and services direct with us.

twitter.com/HorshMidSusxCCG

facebook.com/NHSHorshamandMidSussexCCG

